

The Break Board of Trustees takes the Charity's responsibilities to monitor its fundraising very seriously. To that end the Board regular reviews:

- **The fundraising plan**
- **The fundraising that others carry out for our charity**
- **The assets and resources we use**
- **How our fundraising is explained to our supporters and the public**

As a member of the Fundraising Standards Board we are committed to the following principles:

We are committed to high standards

- We do all we can to ensure that our fundraising team, and volunteers working with us to raise funds, comply with the Code and with this promise. Break does not outsource its fundraising to a third party.
- We comply with the law in all aspects of fundraising including, those that apply to data protection, health and safety and the environment
- We will never cold call you

We are honest and open

- We tell the truth and do not exaggerate
- We do what we say we are going to do
- We answer all reasonable questions about our fundraising activities and costs

We are clear

- We are clear about who we are, what we do and how your gift is used
- We give a clear explanation of how you can make a gift and amend a regular commitment

We are respectful

- We respect the rights, dignities and privacy of our supporters and beneficiaries
- We will not put undue pressure on you to make a gift and if you do not want to give or wish to cease giving, we will respect your decision
- If you tell us that you don't want us to contact you in a particular way we will not do so

We are fair and reasonable

- We take care not to use any images or words that cause unjustifiable distress or offence
- We take care not to cause unreasonable nuisance or disruption

We are accountable

- If you are unhappy with anything we've done whilst fundraising, you can contact us to make a complaint
- We have a complaints procedure, a copy of which is available on the website or on request from fundraising@break-charity.org
- If we cannot resolve your complaint, we accept the authority of the Fundraising Standards Board to make a final adjudication